

THE RED HAWK REPORT

River View Public School

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April 2023

#REDHAWKPRIDE

#WATCHUSSOAR

#WELCOMETOTHENEST

PRINCIPAL'S MESSAGE

It is hard to believe that April is already upon us, with the first day of Spring officially happening in March.

With the arrival of Spring, we always anticipate rain. On rainy mornings, students will be admitted into the school starting at 8:35 am where our supervision will take place in the classrooms until our day starts at 8:50 am. We ask that you do not drop off our children prior to 8:35 am as there is no supervision until that time.

Our students continue to demonstrate their resilience as well as their dedication to doing their best work this school year. We have created a bulletin board in the office to showcase all the amazing things our RedHawks are doing. We are looking for demonstrations of - friendship, kindness, accountability, encouragement, hard work, and being helpful. If you are visiting the office, please take the time to see our new bulletin board.

We have many exciting events coming up in the final months of our school year. Please remember to check out the Weekly Updates you receive each Friday.

Ms. Cocco and Mrs. Martin

FAMILY FUN AND ART NIGHTAPRIL 18TH

SAVE THE DATE!

We are excited to announce that the River View School Council will be hosting a Family Fun and Arts Night on April 18 from 6-8pm. This event will include an Art Gallery with pieces of art from every student in the school. There will also be opportunities to create puppets, paint rocks, learn how to bucket drum and play games as a family. Come out and join us!



MARK YOUR CALENDAR

Date	Event
April 6, 13, 20, 27	Pizza Days
April 3	World Autism Awareness & Acceptance Day – dress in blue or tie-dye
April 5	Niagara Falls Art Gallery visit
April 6	History Fair – Ms. Sally's class
April 7	Good Friday – Holiday
April 10	Easter Monday – holiday
April 17	Puppet Show -primary
April 18	Family Fun and Art Show night
April 20	Eid Al Fitr (end of Ramadan)
April 21	Earth Day
April 28	PJ Day and family reading day

EASTER BREAK

Easter Break is from April 7 to April 10 inclusive. We wish our RedHawks a happy and healthy Easter break.

Student's Corner

Red Hawk Clubs

Lego Robotics

The River View Red Hawks Lego Robotics Team competed in the DSBN Area 1 Robotics Tournament on March 28th, at Forest View School. Teams from 16 different schools attended the event. The team members showed great skill and ingenuity when designing, building, programming / computer coding Lego Robots, which accomplished challenges such as picking up and moving objects. Our Junior team finished 3rd in overall points and were awarded medals. The Intermediate team was very competitive and finished high in their overall standings. River View now has five Lego Spike Robotics kits which can be used in the future by RV students in different classrooms for mathematics coding activities. Mr. Kushniruk, team coach, would like to thank all the team members who demonstrated their great problem solving and STEM (Science Engineering Technology and Math) skills. Most importantly, the team members had fun learning and they represented River View very well at the tournament. Team members are: Aden, Katherine, Mark, John, Daniel, Kayla, Ari and Eva.

Forest of Reading

Students have been meeting regularly and reading their books through the last month. On April 27th the 5th and 6th grade students who have read a minimum of five of the Silver Birch books will have the chance to attend a virtual conference. On May 3rd, the Grade 7 and 8 students who have read a minimum of five of the Red Maple books may get to go to an in-person conference. More details to follow for those who may be going to either conference.

Red Hawk Sports

Intermediate Badminton

Congratulations to the following students who may be representing River View at a regional badminton tournament on April 25 and a District tournament on May 4 at Brock University. Practices will take place during the month of April. Amna, Ryla, Anna, feryal, Kayla, Cayleigh, Phynn, Kyle, Joseph, Tanner, Spencer, Zarian.

Junior Basketball

Our junior basketball teams have demonstrated skill development & great team spirit as they continue to take on other Niagara Falls schools this season. They will wrap up their regular season play with a home game vs. Prince Philip School on Monday. Playoff rankings will determine which teams will advance to the playoff round.

We are Red Hawk proud of our teams: Coach Lambert leading Aaliyah, Ana, Arya, Avani, Daytona, Devon, Evelyn, Jade, Jayla, Katharine, Lily, and Saydi. Coach Cook leading Antonio, Daniil, Haeden, Jacob, Jonah, John M, John P, Knox, Kole, Lukas, Wes, and William!

Spirit Days

Monday, April 3	Celebrate the Spectrum for World Autism Day 2023	World Autism Awareness & Acceptance Day is officially held on Sunday, April 2. On Monday, April 3, wear blue or tie-dye to show your support for people on the Spectrum. This is an opportunity to provide spaces of support and advocacy for our diverse communities, learn about autism and how to make our communities more inclusive for people on the autism spectrum.
Friday, April 21	Celebrate the Earth Day	Earth Day is on April 22 and as a school we will celebrate on April 21. Students are encouraged to wear the colours of the Earth. This could be any colour of the rainbow! What colour reminds you of the beauties of the Earth that we want to protect?
Friday, April 28	PJ day	Let's get comfy and learn. Students are encouraged to wear either pjs or comfy clothes to school. We will also be sending home more information about another opportunity for primary/junior parents to come to the school to read with their child/children for the last part of the school day.

Student's Corner

Ramadan

Ramadan Mubarak To All of Those Families Observing!

Many students and families at River View are observing Ramadan, during this 9th month of the Islamic calendar. In order to accommodate our students, we have created the following spaces:

- A multifaith prayer space will be available for students.
- During Ramadan, the school will also be providing the library or an alternative quiet space for students to visit during eating times. During this time students can play a quiet game or complete puzzles. As a reminder students and families who require religious or creed-based accommodations as supported by the Ontario Human Rights Code can make those requests by contacting the office.

Quotes from our Students:

- *"The month of Ramadan is where you fast until the sun goes down, this is what poor people have to every day, so we fast for them and it is strongly encouraged to donate"* -Zain
- "Ramadan is a month to get closer to God and have self control over food and to be patient." - Alissa



Earth Day – April 22

"Look deep into nature, and then you will understand everything better." - Albert Einstein

Let's take care of our Earth and celebrate Earth Day on April 22, 2023. At school we will celebrate Earth Day on Friday April 21, DSBN has organized a virtual speaker series for classes to participate in learning about the importance of taking care of the Earth. Since Earth Day falls on the weekend, here are some ways you can celebrate with your family:

- Spend a day outside. In the garden with your family, plant vegetables, trees or native flowers and attract native animals and pollinators.
- Join a local community event to help clean your neighbourhood or restore local plant life.
- Make commitments to cut down on your energy usage as well as waste. Turn lights off, power down electrical devices, turn down your thermostat and only do full loads of laundry and dishes.
- Learn more about the environment and the effects of global warming.
- Encourage awareness and promote the Reduce (buy less), Reuse (repurpose it) and Recycle on Earth Day and every day. (sort it right!) way of life.

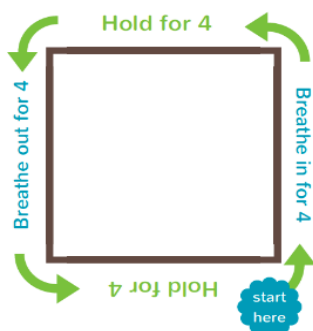
Remember that every day is Earth Day! Don't restrict yourself to just one day a year. Make environmental actions and caring a planet a habit.

Mindfulness at River View

This year students have been learning about the importance of healthy minds by engaging in many different mindfulness activities in their classroom. One strategy that each classroom is focused on learning about is, **MINDFUL BREATHING**. After entering at recess each class takes the first 5-10 minutes to do some mindful breathing to help students refocus their energy prior to learning. Ask your children about the breathing they did at school today!

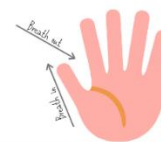
Here are a few different breathing techniques that students have learned that you can continue to practice at home:

Square Breathing:



Roller coaster breathing:

Roller Coaster Breathing
Calm down with five breaths



1. Stretch your hand out like a star
2. Breathe in as you slide up and down as you slide down
3. Trace each finger slowly
4. Keep going until you've finished your hand

Parents' Corner



Kindergarten Registration

School Advisory Council

Wanted...Future Red Hawks born in 2019! Do you know a child who will be turning 4 before December 31, 2023? If so, spread the word that Kindergarten registration is continuing in the DSBN! We are excited to welcome a new group of Junior Kindergarten students in September 2023, no experience necessary! [Click on the link here to ask a question or to register.](#)



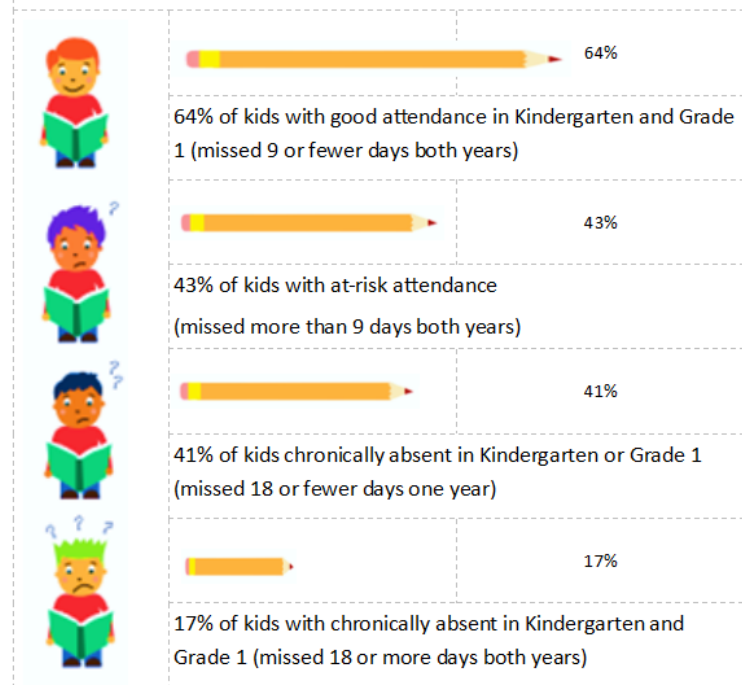
All School Council meeting minutes will be posted on the [River View web site](#) once they are approved.

Stay tuned for our meeting date in May. New members are always welcome.

We can't wait to see our families on April 18th for the 'Family Fun Night & Student Art Show'!!

Attendance Matters

Who can read on Grade Level after Grade 3?



My child is in Kindergarten or Grade 1. Does their regular attendance really matter?

"If children don't show up for school regularly, they miss out on fundamental reading and math skills and the chance to build a habit of good attendance that will carry them into college and careers. Preliminary data from a California study found that children who were chronically absent in kindergarten and 1st grade were far less likely to read proficiently at the end of 3rd grade." (attendanceworks.org.)

How many days is considered chronically absent?

A student that misses 18 days during the entire school year is considered chronically absent.

If you require some assistance improving your child's attendance, please contact your child's teacher or the school office.

What can you do?

- Talk about the importance of showing up to school everyday, make that the expectation.
- Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and medical appointments during the school day.
- Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

Parents' Corner



DSBN Social Worker Support

Do you have questions about your child's mental health and well-being, such as anxiety, behaviour or self-harm?

Do you need support in accessing supports in the community?

Do you need advice for setting goals to help with regular school attendance?

Do you have any questions or looking for support regarding a certain aspect of parenting?

If these are some questions that you have, please speak with your child's teacher or Ms. Cocco/Mrs. Martin. All DSBN schools work with a DSBN Social Worker who supports families to provide an additional layer of support to help our students and families achieve success. Our DSBN Social Workers are an invaluable member of our Red Hawk team.

EFN Prom Project

Prom Project Niagara is a one-day, fun free formal wear extravaganza for girls and guys! Students can select their perfect head-to-toe look for their prom, formal, or graduation for FREE!

If you know of a student who could use this program, please join us on Saturday, May 6, from 9:30 a.m. – 1:30 p.m. at one of our locations.

This year transportation is available from the following Niagara Falls locations (Westlane Secondary School and Stamford Secondary School) to the St. Catharines Prom Project site. **If you require transportation, please contact our office prior to April 20th.**

STAY INFORMED AND CONNECTED

In our busy lives, events can sometimes be overlooked. Technology allows us multiple ways to connect with families. The following is a list of ways we use to connect with families to ensure all families are aware of the many events happening throughout the year.

SCHOOL WEBSITE – <https://riverview.dsbm.org/>

Please take some time to visit the River View Public School website. Our website includes current newsletters, school calendars, code of conduct, school council information, a school year calendar, classroom websites, and bell times.

SCHOOL MESSENGER

Using the School Messenger program, all families will receive emails with newsletters, reminders and important information or reminders about events for the upcoming week. If you are not receiving these emails, please check your contact information with the office to ensure we have the most current information.

MONTHLY NEWSLETTER All newsletters will be posted to the school website and sent via School Messenger through email on the first school day of the new month.

SOCIAL MEDIA - Please follow us on these social media platforms ([Instagram](#)) to see updates on exciting events. All posts and tweets will be updated on our school website as well. We are #riverviewschoolchippawa